THE MASS IN SCRIPTURE

The Introductory Rites

GREETING OF THE ASSEMBLED PEOPLE

In the name of the Father, and of the Son, and of the Holy Spirit. *Amen*.

The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

Grace to you and peace from God our Father and the Lord Jesus Christ.

The Lord be with you. *And with your spirit.*

THE PENITENTIAL ACT

Brethren, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, [striking their breast] through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Have mercy on us, O Lord. For we have sinned against you.

Show us, O Lord, your mercy. *And grant us your salvation*.

You were sent to heal the contrite of heart: Lord, have mercy. *Lord, have mercy*.

You came to call sinners: Christ, have mercy. *Christ, have mercy*.

You are seated at the right hand of the Father to intercede for us: Lord, have mercy. *Lord, have mercy*. "Go, therefore, and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the holy Spirit." (Mt 28:19)

"The grace of the Lord Jesus Christ and the love of God and the fellowship of the holy Spirit be with all of you." (2 Cor 13:13)

"...to all the beloved of God in Rome, called to be holy. **Grace to you and peace from God our Father and the Lord Jesus Christ**." (Rom 1:7; cf. 1 Cor 1:3; Gal 1:3; Col 1:2; 1 Thess 1:1; Rev 1:4)

"Soon, along came Boaz from Bethlehem and said to the harvesters, "**The LORD be with you**," and they replied, "The LORD bless you."" (Ruth 2:4; cf. cf. Jdg 6:12; 2 Chr 15:2; Lk 1:28)

"The grace of our Lord Jesus Christ **be with your spirit**, brothers. Amen." (Gal 6:18) "**The LORD be with your spirit**." (2 Tim 4:22)

"If we **acknowledge our sins**, he is faithful and just and will forgive our sins and cleanse us from every wrongdoing." (1 Jn 1:9)

"Therefore, **confess** your sins to one another..." (Jas 5:16)

"Then David said to God, 'I have sinned greatly in doing this thing" (1 Chr 21:8) *in my thoughts* (2 Cor 10:5, Mt 5:28, Phil 4:8), *in my words* (Jas 3:5), *failed to do* (Jas 4:17, Lk 10:30-32).

"the tax collector... would not even lift up his eyes to heaven, but **beat his breast**, saying, 'God, be merciful to me a sinner!"" (Lk 18:13)

"O LORD... hear the prayer of thy servant... confessing the sins of the people of Israel, which we have sinned against thee. Yea, I and my father's house have sinned. We have acted very corruptly against thee, and have not kept the commandments, the statutes, and the ordinances which thou didst command thy servant Moses." (Neh 1:5-7) "**Brothers, pray for us**." (1 Thess 5:25)

"Hear, LORD, and have mercy, for you are a merciful God; have mercy on us, who have sinned against you." (Bar 3:2)

"Let us see, O LORD, your mercy, and grant us your salvation." (Ps 85:8)

"[**The LORD**] heals the brokenhearted; he binds up all their wounds," (Ps 147:3); "He has sent me to bring good news to the afflicted, to bind up the brokenhearted..." (Is 61:1)

"Go and learn the meaning of the words, 'I desire mercy, not sacrifice.' I did not come to call the righteous but sinners." (Mt 9:13)

"It is **Christ [Jesus]** who died, rather, was raised, who also **is at the right hand of God, who indeed intercedes for us**" (Rom 8:34; cf. Eph 1:19-20; Col 3:1; Heb 1:3, 7:25)

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. *Amen*.

THE KYRIE ELEISON [If not in Penitential Act] Lord, have mercy. Christ, have mercy. Lord, have mercy.

BLESSING AND SPRINKLING OF WATER

Dear brethren, let us humbly beseech the Lord our God to bless this water he has created, which will be sprinkled on us as a memorial of our Baptism. May he help us by his grace to remain faithful to the Spirit we have received...

THE GLORIA IN EXCELSIS

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen. "If we acknowledge our sins, he is faithful and just and will **forgive our sins** and cleanse us from every wrongdoing." (1 Jn 1:9)

"Have mercy on us, Son of David." (Mt 9:27, cf. Mk 10:46-48) "Have mercy on me, O Lord, Son of David, my daughter is severely possessed by a demon." (Mt 15:22) "Lord, have mercy on my son, for he is an epileptic and he suffers terribly." (Mt 17:15)

"I will sprinkle clean water upon you, and you shall be clean from all your uncleannesses, and from all your idols I will cleanse you. A new heart I will give you, and a new spirit I will put within you; and I will take out of your flesh the heart of stone and give you a heart of flesh." (Ezek 36:25-26)

"And thus you shall do to them, to cleanse them: **sprinkle the water of expiation upon them**..." (Num 8:7a, cf. Heb 10:22)

"Glory to God in the highest and on earth peace to those on whom his favor rests." (Lk 2:14)

"Blessing and glory, wisdom and thanksgiving, honor and power and might be to our God forever and ever." (Rev 7:12)

"The Lord has established his reign, our **God the almighty**." (Rev 19:6)

"from Jesus Christ, the Father's Son in truth and love." (2 Jn 3)

"Behold, the Lamb of God, who takes away the sin of the world." (Jn 1:29)

"It is **Christ [Jesus]** who died, rather, was raised, who also **is at the right hand of God**, who indeed intercedes for us" (Rom 8:34)

"For you alone are holy." (Rev 15:4)

"Let them know that **you alone**, **you whose name is the LORD, are the Most High** over all the earth." (Ps 83:19)

"the Holy Spirit that the Father will send in my name" (Jn 14:26)

COLLECT

The Liturgy of the Word

ACCLAMATION AFTER THE READINGS

The Word of the Lord. Thanks be to God.

PRIEST'S PREPARATION BEFORE GOSPEL

Cleanse my heart and my lips, almighty God, that I may worthily proclaim your holy Gospel.

ACCLAMATION BEFORE THE GOSPEL *Alleluia!*

"...**the word of the Lord** abides for ever." (1 Pet 1:25) "**Thanks be to God** through Jesus Christ our Lord!" (Rom 7:25; cf. 1 Cor 15:57)

""Woe is me, I am doomed! For I am a man of unclean lips, living among a people of unclean lips, and my eyes have seen the King, the LORD of hosts!' Then one of the seraphim flew to me, holding an ember which he had taken with tongs from the altar. He touched my mouth with it. 'See,' he said, '**now that this has touched your lips, your wickedness is removed, your sin purged.**" (Is 6:5-7)

"the voice of a great multitude... crying, 'Hallelujah! For the Lord our God the Almighty reigns. Let us rejoice and exult and give him [During Lent: Praise to you, Lord Jesus Christ, King of endless glory! Praise and honour to you, Lord Jesus Christ! Glory and praise to you, Lord Jesus Christ!]

PROFESSION OF FAITH

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

the glory, for the marriage of the Lamb has come..." (Rev 19:6-7) "Lift up your heads, O gates! and be lifted up, O ancient doors! that the **King of glory** may come in." (Ps 24:7; cf. Rev 1:5-6) "Worthy is the Lamb who was slain, to receive power and wealth and wisdom and might and **honor and glory** and blessing!" (Rev 5:12)

"For in him all things were created **all things in heaven and on earth, the visible and the invisible.**" (Col 1:16)

"No one has ever seen God; **the only Son**, who is in the bosom of the Father, he has made him known." (Jn 1:18)

"...and the Word was God." (Jn 1:1)

"All things came to be through him, and without him nothing came to be." (Jn 1:3)

"No one has gone up to heaven except the one who **has come down from heaven**, the Son of Man." (Jn 3:13)

"And the angel said to her, '**The Holy Spirit will come upon you**, and the power of the Most High will overshadow you" (Lk 1:35)

"And the Word became flesh and dwelt among us." (Jn 1:14)

"Then he [**Pontius Pilate**] handed him over to them to be **crucified**." (Jn 19:16)

"...that **Christ died** for our sins in accordance with the scriptures; that **he was buried**; that **he was raised on the third day in accordance with the scriptures**;" (1 Cor 15:3-4)

"...he departed from them and was **taken up to heaven**." (Lk 24:51) "...where Christ is **seated at the right hand of God**." (Col 3:1) "**the coming of our Lord Jesus Christ**..." (2 Thess 2:1) "...who will **judge the living and the dead**." (2 Tim 4:1; cf. Acts 10:42) "...he will reign over the house of Jacob for ever; and **of his kingdom there will be no end**." (Lk 1:33)

"Now **the Lord is the Spirit**..." (2 Cor 3:17) "...for the written code kills, but **the Spirit gives life**." (2 Cor 3:6) "...the Spirit of truth **that proceeds from the Father**." (Jn 15:26)

"for no prophecy ever came through human will; but rather **human** beings moved by the holy Spirit spoke under the influence of God." (2 Pt 1:21; cf. 1 Pt 1:10-11)

"...the household of God, which is **the church of the living God**, the pillar and bulwark of the truth." (1 Tim 3:15; cf. Mt 28:18-20)

"There is one body and one Spirit, ... one Lord, one faith, **one baptism**, one God and Father of us all..." (Eph 4:4-6)

"Repent and **be baptized**... for the forgiveness of your sins; and you will receive the gift of the holy Spirit." (Acts 2:38)

"For if we have grown into union with him through a death like his, we shall also be united with him in the resurrection." (Rom 6:5)

The Liturgy of the Eucharist

THE PREPARATION OF THE GIFTS

Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life. *Blessed be God forever*.

Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink. *Blessed be God forever*.

PRIVATE PRAYERS OF THE PRIEST

With humble spirit and contrite heart may we be accepted by you, O Lord, and may our sacrifice in your sight this day be pleasing to you, Lord God.

Wash me, O Lord, from my iniquity and cleanse me from my sin.

INVITATION TO PRAY

Pray, brethren, that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

THE EUCHARISTIC PRAYER

The Lord be with you. *And with your spirit.*

Lift up your hearts. *We lift them up to the Lord.*

Let us give thanks to the Lord our God. *It is right and just.*

"David blessed the LORD in the presence of all the assembly; and David said: '**Blessed art thou, O LORD**, the God of Israel our father, **for ever and ever**.' (1 Chr 29:10; cf. Ps 89:52; Rom 9:5)

"From thy lofty abode thou waterest the mountains; the earth is satisfied with the fruit of thy work. Thou dost cause the grass to grow for the cattle, and plants for man to cultivate, **that he may bring forth food from the earth**, and **wine** to gladden the heart of man... **and bread** to strengthen man's heart." (Ps 104:13-15)

"Behold, the farmer waits for the precious **fruit of the earth**, being patient over it until it receives the early and the late rain." (Jas 5:7)

"I am the bread of life." (Jn 6:48)

"I tell you, from now on I shall not drink this **fruit of the vine** until the day when I drink it with you new in the kingdom of my Father." (Mt 26:29; cf. Lk 22:18)

"and all drank the same **spiritual drink**, for they drank from a spiritual rock that followed them, and the rock was the Christ." (1 Cor 10:4)

"But with contrite heart and humble spirit let us be received... So let our sacrifice be in your presence today and find favor before you." (Dan 3:39-40)

"Wash me completely from my iniquity, and cleanse me from my sin." (Ps 51:4)

"...let us offer to God acceptable worship, with reverence and awe." (Heb 12:28)

"Make a joyful noise to God, all the earth; **sing the glory of his name**; give to him glorious **praise**!" (Ps 66:1-2)

"Let us **lift up our hearts** and hands to God in heaven" (Lam 3:41) "Seek the things that are above where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth." (Col 3:1-2)

"And whatever you do, in word or deed, do everything in the name of the Lord Jesus, **giving thanks to God the Father** through him." (Col 3:17)

PREFACE FOR EUCHARISTIC PRAYER II

It is truly right and just, our duty and salvation, always and everywhere to give you thanks, Father most holy, through your beloved Son, Jesus Christ, your Word through whom you made all things, whom you sent as our Savior and Redeemer, incarnate by the Holy Spirit and born of the Virgin.

Fulfilling your will and gaining for you a holy people, he stretched out his hands as he endured his Passion, so as to break the bonds of death and manifest the resurrection.

And so, with the Angels and all the Saints we declare your glory, as with one voice we acclaim:

SANCTUS

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

EUCHARISTIC PRAYER II

Thanksgiving & Epiclesis

You are indeed Holy, O Lord, the fount of all holiness.

Make holy, therefore, these gifts, we pray, by sending down your Spirit upon them like the dewfall, so that they may become for us the Body and Blood of our Lord Jesus Christ.

Institution Narrative & Consecration

At the time he was betrayed and entered willingly into his Passion, he took bread and, giving thanks, broke it, and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT, FOR THIS IS MY BODY, WHICH WILL BE GIVEN UP FOR YOU. "He has delivered us from the dominion of darkness and transferred us to the kingdom of his **beloved Son**..." (Col 1:13)

"All things came to be through him..." (Jn 1:3)

"But when the time had fully come, God sent forth his Son, **born of woman**..." (Gal 4:4) *Virgin birth* (Mt 1:18; Lk 1:26-35)

"But you are a chosen race, a royal priesthood, **a holy nation**, **God's own people**..." (1 Pet 2:9)

"I spread out my hands all the day to a rebellious people, who walk in a way that is not good..." (Is 65:2; cf. Rom 10:21)

"...our Savior Christ Jesus... **abolished death and brought life and immortality to light** through the gospel." (2 Tim 1:10)

"...that through death he might destroy him who has **the power of death**, that is, the devil, and deliver all those who through **fear of death** were subject to **lifelong bondage**." (Heb 2:14-15)

"the four living creatures... never cease to sing, 'Holy, holy, holy, is the Lord God Almighty, who was and is and is to come!"" (Rev 4:8)

"...the seraphim... One cried out to the other: 'Holy, holy, holy is the LORD of hosts! All the earth is filled with his glory!"" (Is 6:3)

"The crowds preceding him and those following kept crying out and saying: 'Hosanna to the Son of David; **blessed is he who comes in the name of the Lord; hosanna in the highest**."" (Mt 21:9; cf. Mk 11:9-10)

"so now, **O holy One, Lord of all holiness**, keep undefiled for ever this house that has been so recently purified." (2 Macc 14:36)

"When the dew fell... in the night, the manna fell with it." (Num 11:9)

"...in the morning **dew lay round** about the camp. And when the dew had gone up, there was on the face of the wilderness a fine, flake-like thing, fine as hoarfrost on the ground... And Moses said to them, 'It is the bread which the LORD has given you to eat."" (Ex 16:13ff)

"Your fathers ate the manna in the wilderness, and they died. This is the bread which comes down from heaven, that a man may eat of it and not die. **I am the living bread** which came down from heaven" (Jn 6:49-51)

"Truly, I say to you, one of you will betray me." (Mt 26:21)

"I lay down my life, that I may take it again. No one takes it from me, **but I lay it down of my own accord**." (Jn 10:17-18)

"And he took bread, and when he had given thanks he broke it and gave it to them, saying" (Lk 22:19)

""**This is my body which is given for you**..." (Lk 22:19) ""**Take, eat**; this is my body." (Mt 26:26; cf. Mk 14:22)

In a similar way, when supper was ended,	"And likewise the chalice after supper, saying" (Lk 22:20)
he took the chalice and, once more giving thanks, he gave it to his disciples, saying:	"Drink of it, all of you, for this is my blood of the covenant" (Mt 26:27-28)
Take this, all of you, and drink from it, for this is the chalice of my Blood, the Blood of the new and eternal covenant, which will be poured out for you and for many for the forgiveness of sins. Do this in memory of me.	"This chalice which is poured out for you is the new covenant in my blood." (Lk 22:20) "blood of the eternal covenant " (Heb 13:20)
	"which is poured out for many" (Mk 14:24; cf. Is 52:13-53:12)
	"poured out for many for the forgiveness of sins." (Mt 26:28)
	"This chalice is the new covenant in my blood. Do this , as often as you drink it, in remembrance of me ." (1 Cor 11:25; cf. Lk 22:19)
Memorial Acclamation	
The mystery of faith.	"Great indeed, we confess, is the mystery of our religion ." (1 Tim 3:16)
We proclaim your Death, O Lord, and profess your Resurrection	"For as often as you eat this bread and drink the chalice, you proclaim the death of the Lord until he comes." (1 Cor 11:26)
until you come again.	"If you confess with your lips that Jesus is Lord and believe in
When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.	your heart that God raised him from the dead, you will be saved." (Rom 10:9)
Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.	"we know that this is truly the saviour of the world. " (Jn 4:42)
Anamnesis, Oblation and second Epiclesis	
Therefore, as we celebrate the memorial of his Death and Resurrection, we offer you, Lord, the Bread of life and the Chalice of salvation, giving thanks that you have held us worthy to be in your presence and minister to you.	"I am the bread of life ." (Jn 6:35,48) "How shall I make a return to the Lord for all the good He has done for me? I will lift up the chalice of salvation and call on the name of the Lord." (Ps 116:12f)
	"At that time the Lord set apart the tribe of Levi to carry the ark of the covenant of the Lord, to stand before the Lord to minister to him and to bless in his name." (Dt 10:8; cf. Dt 18:5,7)
Humbly we pray that, partaking of the Body and Blood of Christ, we may be gathered into one by the Holy Spirit.	"that Jesus should die for the nation, and not for the nation only, but to gather into one the children of God who are scattered abroad." (Jn 11:51-52)
Concluding Intercessions	
Remember, Lord, your Church, spread	
throughout the world, and bring her to the	"and so one who fears is not yet perfect in love ." (1 Jn 4:18)
fullness of charity, together with N. our Pope and N. our Bishop and all the clergy.	"For if he were not expecting that those who had fallen would rise again, it would have been superfluous and foolish to pray for the
[<i>In Masses for the Dead:</i> Remember your servant N., whom you have called (today) from this world to	dead . But if he was looking to the splendid reward that is laid up for those who fall asleep in godliness, it was a holy and pious thought. Therefore he made atonement for the dead, that they might be delivered from their sin ." (2 Macc 12:45-46)
yourself. Grant that he (she) who was united with your Son in a death like his,	"For if we have grown into union with him through a death like his, we shall also be united with him in the resurrection." (Rom

his, we shall also be united with him in the resurrection." (Rom 6:5)

Resurrection.]

may also be one with him in his

Remember also our brothers and sisters who have fallen asleep in the hope of the resurrection, and all who have died in your mercy: welcome them into the light of your face.

Have mercy on us all, we pray, that with the Blessed Virgin Mary, Mother of God, with the blessed Apostles, and all the Saints who have pleased you throughout the ages, we may merit to be coheirs to eternal life, and may praise and glorify you through your Son, Jesus Christ.

Concluding Doxology

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

Amen.

THE LORD'S PRAYER

At the Saviour's command and formed by divine teaching, we dare to say:

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Savior, Jesus Christ.

For the kingdom, the power and the glory are yours now and for ever.

"For since we believe that Jesus died and rose again, even so, through Jesus, God will bring with him **those who have fallen asleep**." (1 Thes 4:14)

"How blessed the people... who walk, O LORD, in the **light of your face**." (Ps 89:16)

"When we cry, "Abba! Father!" it is the Spirit himself bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and **fellow heirs with Christ**, provided we suffer with him so that we may also be glorified with him." (Rom 8:15b-17)

"For from him [God] and through him and to him are all things. To him be glory for ever. Amen." (Rom 11:36)

"to the only wise God be glory for evermore **through Jesus Christ!** Amen." (Rom 16:27) "Eager to maintain **the unity of the Spirit** in the bond of peace." (Eph 4:3)

"Worthy art thou, our Lord and God, **to receive glory and honor** and power..." (Rev 4:11; cf. Eph 3:20-21)

"And all the people answered, '**Amen. Amen.**"" (Neh 8:6) (cf. Ps 41:13; Rom 16:27; Heb 13:20-21; Rev 7:12)

"Pray then like this: **Our Father who art in heaven, Hallowed be** thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we also have forgiven our debtors; and lead us not into temptation, but deliver us from evil." (Mt 6:9-13; cf. Lk 11:2-4)

"...that we may be delivered from wicked and evil men; for not all have faith. But the Lord is faithful; he will strengthen you and guard you from evil." (2 Thes 3:2-3)

"To him who loves us and has **freed us from our sins** by his blood and made us a kingdom, priests to his God and Father, to him be glory and dominion for ever and ever." (Rev 1:5-6)

"as we await the blessed hope, the appearance of the glory of the great God and of our savior Jesus Christ." (Tit 2:13)

This doxology is in some manuscripts after Mt 6:13, but not in the earliest manuscripts. It is also present in the Didache (late 1st cen.): "For the power and the glory are yours forever" (*Didache* 8.2).

"to the only God, our Savior through Jesus Christ our Lord, be glory, majesty, dominion, and authority, before all time and now and for ever. Amen." (Jude 25)

THE RITE OF PEACE

Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you; look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever. *Amen*.

The peace of the Lord be with you always *And with your spirit*.

Let us offer each other the sign of peace.

THE FRACTION OF THE BREAD

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

COMMINGLING

May this mingling of the Body and Blood of our Lord Jesus Christ bring eternal life to us who receive it.

PRIVATE PRAYER OF THE PRIEST

Lord Jesus Christ, Son of the living God, who, by the will of the Father and the work of the Holy Spirit, through your Death gave life to the world, free me by this, your most holy Body and Blood, from all my sins and from every evil; keep me always faithful to your commandments, and never let me be parted from you. *Or:*

May the receiving of your Body and Blood, Lord Jesus Christ, not bring me to judgment and condemnation, but through your loving mercy be for me protection in mind and body and a healing remedy.

COMMUNION

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed. "Peace I leave with you; my peace I give to you." (Jn 14:27)

"**Peace be with you.** As the Father has sent me, even so I send you." (Jn 20:21)

"Greet one another with a holy kiss." (Rom 16:16; cf. 1 Cor 16:20; 2 Cor 13:12; 1 Thes 5:26; 1 Pet 5:14)

"The **bread which we break**, is it not a participation in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread." (1 Cor 10:16-17)

"...he saw Jesus coming toward him and said, 'Behold, the Lamb of God, who takes away the sin of the world."" (Jn 1:29)

"I heard around the throne and the living creatures and the elders the voice of many angels, numbering myriads of myriads..., saying with a loud voice, 'Worthy is the Lamb who was slain'" (Rev 5:11-12)

"So Jesus said to them, 'Truly, truly, I say to you, unless you eat the flesh of the Son of man and drink his blood, you have no life in you; **he who eats my flesh and drinks my blood has eternal life**, and I will raise him up at the last day." (Jn 6:53-54)

"...and the bread which I shall give for the life of the world is my flesh." (Jn 6:51)

"For anyone who eats and drinks without discerning the body **eats** and drinks judgment upon himself." (1 Cor 11:29)

"Behold, the Lamb of God, who takes away the sin of the world." $(Jn\ 1:29)$

"Then the angel said to me, 'Write this: **Blessed are those who have been called to the wedding feast of the Lamb**."" (Rev 19:9) "...the centurion sent friends to tell [Jesus], 'Lord, do not trouble yourself, for I am not worthy to have you enter under my roof. Therefore, I did not consider myself worthy to come to you; but say the word and let my servant be healed."" (Lk 7:6-7; cf. Mt 8:8)

PRIVATE PRAYERS OF PREPARATION

May the Body of Christ keep me safe for eternal life.

May the Blood of Christ keep me safe for eternal life.

DISTRIBUTION OF COMMUNION

The Body of Christ. Amen.

PURIFICATION OF THE VESSELS

What has passed our lips as food, O Lord, may we possess in purity of heart, that what has been given to us in time may be our healing for eternity.

PRAYER AFTER COMMUNION

"So Jesus said to them, 'Truly, truly, I say to you, unless you eat the flesh of the Son of man and drink his blood, you have no life in you; **he who eats my flesh and drinks my blood has eternal life**, and I will raise him up at the last day."" (Jn 6:53-54)

The Concluding Rites

FINAL BLESSING

The Lord be with you. *And with your spirit.*

[In Masses with a Bishop: Blessed be the name of the Lord. *Now and for ever*.

Our help is in the name of the Lord. *Who made heaven and earth.*]

May almighty God bless you, the Father, and the Son, and the Holy Spirit. *Amen*.

DISMISSAL

Go forth, the Mass is ended.

Go and announce the Gospel of the Lord.

Go in peace, glorifying the Lord by your life.

Go in peace. Thanks be to God.

"May the name of the LORD be blest both now and forevermore." (Ps 113:2)

"Our help is in the name of the LORD, who made heaven and earth." (Ps 124:8)

"Then he [Jesus] led them out as far as Bethany, and **lifting up his** hands he blessed them. While he blessed them, he parted from them..." (Luke 24:50-51)

"As the Father has sent me, so I am sending you." (Jn 20:21)

"And he [Jesus] said to them, '**Go into all the world and preach the gospel** to the whole creation."" (Mk 16:15)

"whatever you do, **do all to the glory of God**." (1 Cor 10:31; cf. 1 Pet 4:11)

"[Jesus] said to the woman, 'Your faith has saved you; **go in peace**."" (Lk 7:50) "**Thanks be to God** for his inexpressible gift!" (2 Cor 9:15)

Eucharistic Prayer I

Plea for acceptance

To you, therefore, most merciful Father, we make humble prayer and petition through Jesus Christ, your Son, our Lord: that you accept and bless these gifts, these offerings, these holy and unblemished sacrifices,

Commendation of the Church

which we offer you firstly for your holy catholic Church. Be pleased to grant her peace, to guard, unite and govern her throughout the whole world, together with your servant N. our Pope and N. our Bishop, and all those who, holding to the truth, hand on the catholic and apostolic faith.

Commemoration of the Living

Remember, Lord, your servants N. and N. and all gathered here, whose faith and devotion are known to you. For them, we offer you this sacrifice of praise or they offer it for themselves and all who are dear to them: for the redemption of their souls, in hope of health and well-being, and paying their homage to you, the eternal God, living and true.

Naming of the Saints

In communion with those whose memory we venerate, especially the glorious ever-Virgin Mary, Mother of our God and Lord, Jesus Christ, and blessed Joseph, her Spouse, your blessed Apostles and Martyrs, Peter and Paul, Andrew, (James, John, Thomas, James, Philip, Bartholomew, Matthew, Simon and Jude; Linus, Cletus, Clement, Sixtus, Cornelius, Cyprian, Lawrence, Chrysogonus, John and Paul, Cosmas and Damian) and all your Saints; we ask that through their merits and prayers, in all things we may be defended by your protecting help.

Prayer of Offering

Therefore, Lord, we pray: graciously accept this oblation of our service, that of your whole family; order our days in your peace, and command that we be delivered from

"accept this sacrifice on behalf of all thy people Israel and preserve thy portion and make it holy." (2 Mac 1:26)

"For if... the blood of goats and bulls... sanctifies, how much more shall the **blood of Christ**, who through the eternal Spirit **offered himself without blemish** to God, purify your conscience from dead works to serve the living God." (Heb 9:13-14; cf. 1 Pet 1:18-19)

"**that they may all be one**; even as thou, Father, art in me, and I in thee..." (Jn 17:21)

Jesus speaking to the Apostles: "When the Spirit of truth comes, **he will guide you into all the truth**" (Jn 16:13)

"And **they devoted themselves to the apostles' teaching** and fellowship, to the breaking of bread and the prayers." (Acts 2:42)

"**Remember me, O LORD**, when thou showest favor to thy people; help me when thou deliverest them." (Ps 106:4)

"Through him then **let us continually offer up a sacrifice of praise to God**, that is, the fruit of lips that acknowledge his name." (Heb 13:15)

"But the LORD is the **true God**; he is the **living God** and the **everlasting King**." (Jer 10:10)

"And why is this granted me, that the **mother of my Lord** should come to me?" (Lk 1:43)

"And when it was day, he called his disciples, and chose from them twelve, whom he named **apostles**; Simon, whom he named **Peter**, and **Andrew** his brother, and **James** and **John**, and **Philip**, and **Bartholomew**, and **Matthew**, and **Thomas**, and **James** the son of Alphaeus, and **Simon** who was called the Zealot, and Judas [Jude] the son of James, and Judas Iscariot, who became a traitor." (Lk 6:13-16; cf. Mt 10:2-4; Mk 3:14-19)

"the four living creatures and the twenty-four elders fell down before the Lamb, each holding a harp, and **with golden bowls full of incense, which are the prayers of the saints**;" (Rev 5:8)

"[The Son of Man] will separate... the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left... And they will go away into **eternal punishment**, but the righteous into eternal life." (Mt 25:31-33,46)

eternal damnation and counted among the flock of those you have chosen.	"I know my own and my own know me So there shall be one flock , one shepherd." (Jn 10:14,16)
<i>Consecratory Epiclesis</i> Be pleased, O God, we pray, to bless, acknowledge, and approve this offering in every respect; make it spiritual and acceptable, so that it may become for us the Body and Blood of your most beloved Son, our Lord Jesus Christ.	"to be a holy priesthood, to offer spiritual sacrifices acceptable to God through Jesus Christ." (1 Pet 2:5) "God is spirit, and those who worship him must worship in spirit and truth." (Jn 4:24)
	"I appeal to you therefore, brethren, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual [Gk. <i>Logikos</i> = 'rational'] worship." (Rom 12:1)
Institution Narrative & Consecration	
On the day before he was to suffer, he took bread in his holy and venerable hands, and with eyes raised to heaven to you, O God, his almighty Father, giving you thanks, he said the blessing, broke the bread and gave it to his disciples, saying:	"taking the five loaves and the two fish he looked up to heaven , and blessed, and broke and gave the loaves to the disciples" (Mt 14:19; cf. Mk 6:41; Lk 9:16)
	"And he took bread, and when he had given thanks he broke it and gave it to them, saying" (Lk 22:19)
TAKE THIS, ALL OF YOU, AND EAT OF IT, FOR THIS IS MY BODY, WHICH WILL BE GIVEN UP FOR YOU.	"This is my body which is given for you" (Lk 22:19)
	"" Take, eat ; this is my body."" (Mt 26:26; cf. Mk 14:22)
In a similar way, when supper was ended, he took this precious chalice in his holy and venerable hands, and once more giving you	"And likewise the chalice after supper, saying" (Lk 22:20)
thanks, he said the blessing and gave the chalice to his disciples, saying:	"Drink of it, all of you, for this is my blood of the covenant" (Mt 26:27-28)
TAKE THIS, ALL OF YOU, AND DRINK FROM IT, FOR THIS IS THE CHALICE OF MY BLOOD, THE BLOOD OF THE NEW AND ETERNAL COVENANT, WHICH WILL BE POURED OUT FOR YOU AND FOR MANY FOR THE FORGIVENESS OF SINS. DO THIS IN MEMORY OF ME.	"This chalice which is poured out for you is the new covenant in my blood." (Lk 22:20) "blood of the eternal covenant " (Heb 13:20)
	"which is poured out for many" (Mk 14:24; cf. Is 52:13-53:12)
	"poured out for many for the forgiveness of sins." (Mt 26:28)
	"This chalice is the new covenant in my blood. Do this , as often as you drink it, in remembrance of me ." (1 Cor 11:25; cf. Lk 22:19)
Memorial Acclamation	
Anamnesis, Oblation & Plea for acceptance Therefore, O Lord, as we celebrate the memorial of the blessed Passion, the Resurrection from the dead, and the glorious Ascension into heaven of Christ, your Son, our Lord, we, your servants and your holy people, offer to your glorious majesty from	"You were ransomed with the precious blood of Christ, like that of a lamb without blemish or spot ." (1 Pet 1:18-19; cf. Heb 9:13f)
the gifts that you have given us, this pure victim, this holy victim, this spotless victim, the holy Bread of eternal life and the Chalice of everlasting salvation.	"I am the bread of life ." (Jn 6:35,48) "How shall I make a return to the Lord for all the good He has done for me? I will lift up the chalice of salvation and call on the name of the Lord." (Ps 116:12f)
Be pleased to look upon these offerings with a serene and kindly countenance, and to	"By faith Abel offered to God a more acceptable sacrifice than Cain, through which he received approval as righteous, God bearing

Be pleased to look upon these offerings with a serene and kindly countenance, and to

accept them, as once you were pleased to accept the gifts of your servant Abel the just, the sacrifice of Abraham, our father in faith, and the offering of your high priest Melchizedek, a holy sacrifice, a spotless victim. In humble prayer we ask you, almighty God: command that these gifts be borne by the hands of your holy Angel to your altar on high in the sight of your divine majesty,

Communion epiclesis

so that all of us, who through this participation at the altar receive the most holy Body and Blood of your Son, may be filled with every grace and heavenly blessing.

Commemoration of the Dead

Remember also, Lord, your servants N. and N., who have gone before us with the sign of faith and rest in the sleep of peace.

Grant them, O Lord, we pray, and all who sleep in Christ, a place of refreshment, light and peace.

Naming of the Martyrs

To us, also, your servants, who, though sinners, hope in your abundant mercies, graciously grant some share and fellowship with your holy Apostles and Martyrs: with John the Baptist, Stephen, Matthias, Barnabas, (Ignatius, Alexander, Marcellinus, Peter, Felicity, Perpetua, Agatha, Lucy, Agnes, Cecilia, Anastasia) and all your Saints; admit us, we beseech you, into their company, not weighing our merits, but granting us your pardon, through Christ our Lord.

Through whom you continue to make all these good things, O Lord; you sanctify them, fill them with life, bless them, and bestow them upon us.

Concluding Doxology

witness by accepting his gifts" (Heb 11:4; cf. Gen 4:4)

"God tested **Abraham**, and said to him, '**Take your son**, your only son Isaac, whom you love, ... and **offer him** there as a burnt offering upon one of the mountains of which I shall tell you."" (Gen 22:1-14)

"And **Melchizedek** king of Salem **brought out bread and wine; he was priest of God Most High**..." (Gen 14:18) "[Jesus was] designated by God a **high priest** according to the order of Melchizedek." (Heb 5:10)

"And **another angel came and stood at the altar** with a golden censer; ...and the smoke of the incense rose with the prayers of the saints from the **hand of the angel before God**." (Rev 8:3-4)

"When [Christ] had made purification for sins, he sat down at the right hand of **the Majesty on high**." (Heb 1:3)

"Are not those who eat the sacrifices **participants in the altar**?" (1 Cor 10:18) "Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with **every spiritual blessing in the heavenly places**." (Eph 1:3)

"But it is God who establishes us with you in Christ, and has commissioned us; **he has put his seal upon us** and given us his Spirit in our hearts as a guarantee." (2 Cor 1:21-22)

"For since we believe that Jesus died and rose again, even so, through Jesus, God will bring with him **those who have fallen asleep**." (1 Thes 4:14)

"Then he showed me the river of the water of life, bright as crystal, flowing from the throne of God and of the Lamb, ...the tree of life ...and the leaves of the tree were for the **healing of the nations**... **they shall see his face, and his name shall be on their foreheads**. And night shall be no more; they need no light of lamp or sun, for **the Lord God will be their light**..." (Rev 22:1-5)

"...giving thanks to the Father, who has qualified us to **share in the inheritance of the saints in light**." (Col 1:12)

Martyrdom of **John the Baptist**: Mt 14:1-12; Mk 6:15-29 Martyrdom of **Stephen**: Acts 7:54-8:1

"When he opened the fifth seal, I saw under the altar **the souls of those who had been slain for the word of God** and for the witness [Gk. *martyria*] they had borne; ... Then they were each given a white robe and told to rest a little longer, until the number of their fellow servants and their brethren should be complete." (Rev 6:9,11)

"He does not deal with us according to our sins, nor requite us according to our iniquities." (Ps 103:10)

"**May we be filled with the good things** of your house, the **holy things** of your temple!" (Ps 65:4)

THE MASS IN THE EARLY CHURCH

"**The** *Didache* claims to be the collected 'Teaching of the Apostles,' and was likely compiled in Antioch, Syria sometime during the years A.D. 50-110" (Scott Hahn, *The Lamb's Supper*, p. 30)

The Didache contains the most ancient Eucharistic Prayer that has been discovered. The structure of the prayer parallels the Blessing before a meal, Daily prayer (AMIDAH) and Blessing after a meal (BIRKAT HA-MAZON) used by 1st century Jews.

9.1. With regard to the Eucharist, give thanks in this manner:	10.1. After you have been satisfied, give thanks in this way:
9.2. First, over the cup:	THANKSGIVING FOR GOD'S PAST WORKS
THANKSGIVING OVER THE CUP "We thank you, our Father, for the holy vine of David your servant, <i>which you</i> <i>have revealed through Jesus your</i> <i>servant.</i> "	10.2. "We thank you, holy Father, for your holy name which you have made to dwell in our hearts, and for the knowledge and the immortality <i>which you have</i> <i>revealed to us through Jesus your servant.</i> " "Glory be yours through all ages!"
 "Glory be yours through all ages! Amen." THANKSGIVING OVER THE BREAD 9.3. Over the (broken) bread: "We thank you, our Father, for the life and the knowledge which you have revealed to us through Jesus your servant." "Glory be yours through all ages!" PETITION (EMBOLISM) 9.4. "Just as this (bread) was broken, scattered on the hills and gathered and became one, so may your Church be gathered from the ends of the earth into your kingdom." "Yours is glory and power through all ages. Amen." 9.5. Let no one eat or drink of your Eucharist unless they have been baptized in the name of the Lord. For the Lord says in this regard: "Do not give holy things to dogs." 	 THANKSGIVING FOR GOD'S PRESENT GIFTS 10.3. "Almighty Lord, you have created everything through your name; you have given food and drink to (the children of) mortals for their enjoyment, so that they might give you thanks, <i>but to us you have given a spiritual food and drink and eternal life through Jesus your servant</i>. 10.4. For all these things we thank you, because you are mighty." "To you be glory through all ages. Amen." PETITION FOR THE CHURCH 10.5. "Be mindful, Lord, of your Church: deliver it from every evil and make it perfect in love of you. And gather it, a sanctified Church, from the four winds into your kingdom which you have prepared for it." "For yours is the kingdom and the glory for all ages." 10.6. "Let grace come and this world pass away. Hosanna to the Son of David." "If any are holy, let them draw near; if any are not, let them be converted."

The translations of all the prayers are borrowed from Enrico Mazza, *The Celebration of the Eucharist: The Origin of the Rite and the Development of Its Interpretation* (Collegeville, Minn.: Liturgical Press, 1999), 307-309.

N.B.: The italicized passages from the *Didache* are considered by LaVerdiere (and other scholars) to have been inserted in later stages of redaction (i.e. closer to 110 A.D., rather than 50 A.D.).

Justin Martyr (150 A.D. in Rome)

- Justin Martyr's writings include two descriptions of the Eucharist

Eucharist with Baptism - "But we, after we have thus washed him who has been convinced and has assented to our teaching, bring him to the place where those who are called brethren are assembled, in order that we may offer hearty prayers in common for ourselves and for the baptized [illuminated] person, and for all others in every place, that we may be counted worthy, now that we have learned the truth, by our works also to be found good citizens and keepers of the commandments, so that we may be saved with an everlasting salvation. Having ended the prayers, we salute one another with a kiss. There is then brought to the president of the brethren bread and a cup of wine mixed with water; and he taking them, gives praise and glory to the Father of the universe, through the name of the Son and of the Holy Ghost, and offers thanks at considerable length for our being counted worthy to receive these things at His hands. And when he has concluded the prayers and thanksgivings, all the people present express their assent by saying Amen. This word Amen answers in the Hebrew language to $\gamma \acute{x}$ vorto [Gk. "so be it"]. And when the president has given thanks, and all the people have expressed their assent, those who are called by us deacons give to each of those present to partake of the bread and wine mixed with water over which the thanksgiving was pronounced, and to those who are absent they carry away a portion."

Stand-alone Eucharist - "And on the day called Sunday, all who live in cities or in the country gather together to one place, and the memoirs of the apostles or the writings of the prophets are read, as long as time permits; then, when the reader has ceased, the president verbally instructs, and exhorts to the imitation of these good things. Then we all rise together and pray, and, as we before said, when our prayer is ended, bread and wine and water are brought, and the president in like manner offers prayers and thanksgivings, according to his ability, and the people assent, saying Amen; and there is a distribution to each, and a participation of that over which thanks have been given, and to those who are absent a portion is sent by the deacons. And they who are well to do, and willing, give what each thinks fit; and what is collected is deposited with the president, who succours the orphans and widows and those who, through sickness or any other cause, are in want, and those who are in bonds and the strangers sojourning among us, and in a word takes care of all who are in need. But Sunday is the day on which we all hold our common assembly, because it is the first day on which God, having wrought a change in the darkness and matter, made the world; and Jesus Christ our Saviour on the same day rose from the dead." (*First Apology* 65, 67, 151 A.D.)

- Christians would gather to celebrate the Eucharist on a Sunday
- Liturgy of the Word: readings from OT and NT, homily, prayers of the faithful
- Liturgy of the Eucharist: Procession w/bread & wine, Eucharistic prayer, dist. of communion
- The Presider offers the Eucharistic prayer Collection for the needs of the poor
- Missing elements of a modern Mass: Our Father, Entrance Rites, Penitential Rite, Creed.

- Justin Martyr believed in the Real Presence and in a transformation of the bread and wine.

"We call this food Eucharist, and no one else is permitted to partake of it, except one who believes our teaching to be true and who has been washed in the washing which is for the remission of sins and for regeneration and is thereby living as Christ enjoined. For not as common bread nor common drink do we receive these; but since Jesus Christ our Savior was made incarnate by the word of God and had both flesh and blood for our salvation, so too, as we have been taught, the food which has been made into the Eucharist by the Eucharistic prayer set down by him, and by the change of which our blood and flesh is nurtured, is both the flesh and the blood of that incarnated Jesus." (*First Apology* 66, 151 A.D.)

- Real Presence: Calls the elements of food the Eucharist, not just the celebration.

- Transformation: Notes that there is a change in the elements during the Eucharistic Prayer.